



Warford Activity Center

50 & Better

Fall Senior Programs Schedule

	Monday		Tuesday		Wednesday			Thursday			Friday			
8-9am	Lap Swim	Coffee With Friends	Lap Swim	Coffee With Friends		Lap Swim	Coffee With Friends		Lap Swim	Coffee With Friends				
9-10am	Water Aerobics	Pickleball	Water Aerobics		Pickleball	Water Aerobics		Pickleball	Water Aerobics		Pickleball	Water Aerobics		Pickleball
10-11am	Cornhole		Cornhole			Cornhole			Cornhole			Cornhole		
11am-12pm				Games & More		Games & More	Dominoes		Games & More	42 Dominoes		Games & More		
12-1pm														
1-2pm														
2-3pm														
3-4pm														
4-5pm														
5-6pm														
	North Room			Gym		South Room			Pool			Commons Area		

*Senior Services promotes the listed programs, but cannot guarantee sufficient attendance. For the best recreational experience, tell some friends and bring some friends!

**Pool schedule is subject to change. Changes may or may not be announced in advance.

Senior Services Office Hours: M-F 8am-3pm (806) 678-8359